



**MAR ATHANASIUS COLLEGE (AUTONOMOUS)**  
**KOTHAMANGALAM, KERALA, INDIA**  
**87<sup>th</sup> Position in NIRF College Ranking 2023**



**Institutional Distinctiveness**

## **Institutional distinctiveness**

### **Holistic development of students in physical education**

The college chose 'Holistic development of students in physical education,' an inner discipline essential for holistic development and healthy and structured lives, as the institution's distinctiveness. In addition, due to its proximity to high altitude and being in the lap of high ranges, the college has a tradition of more interest in sports and games. The college's management, with a vision of having Olympians from this remote part, encourages its students to engage in sports and games actively. Slowly and gradually, the college started to bag prizes at university and state events. After receiving financial assistance from the state and central Government agencies, we marched towards attaining national and international medals. Gradually, sports and games became a part of the culture of the college.

The college provides a platform, adequate infrastructure, and professional training for the selected students to excel in sports, enabling them to participate in various intercollegiate, state-level, national, and international events. By providing the best trainers and coaches, incentives, and student scholarships, the college has created a generation of creative and active participants in all sports activities.

### **Infrastructure facilities**

The infrastructural facilities consisted of a football field of 110x75 m, two volleyball courts (including wooden and mud), two basketball Courts (including wooden and concrete), three badminton Courts (wooden), a 320 m training track with two jumping pits, high jump mat and all throwing sectors with fencing and floodlit facility, multi-

purpose indoor stadium (11,000 sq. ft.), indoor shooting range 30x20x4m, eight-lane swimming pool with the dimension of 50x25x2m, fitness center and weight training hall, cricket field, two cricket indoor nets, handball court, two hills for training, and boys and girls warm-up area.

### **Financial support**

- The College gives free accommodation and food to students with sports talents and spent 253.51 lakhs during 2018-2023.
- The Kerala Sports Council awarded students 125 lakh rupees as scholarships during 2018-2023. Khelo India awarded students 42.7 lakh rupees during 2018-2023.

### **Coaches**

- Eight coaches are appointed by the college, and two by the Kerala Sports Council. The government also supports two full-time faculty members in the Department of Physical Education.

### **Awards/Recognitions**

- The college has proven its mettle in sports events by winning the Best Sports Performance Trophy of the Malayala Manorama Daily for the Academic years 2019-2020 and 2021-2022.

### **Achievements in Athletics/Games**

- The College Athletic Team won the men's and women's championships in the College Games organized by the Sports Council of Kerala in 2013 and 2021.

- In the Mahatma Gandhi University athletic meet, the college athletic team became champions in the men's section in the years 2006, 2007, 2008, 2010, 2011, 2012, 2013, 2014, 2016, 2017, 2018, 2019, 2020, 2021 and 2022 (fifteen times) and was runner up twice - in 2005, 2009 and 2015. The College also became the champion in the women's section in 2021 and runners-up in 2020 and 2022. The College athletic team also won the Championship for men in the College games organized by the Sports Council of Kerala in 2015 and 2017.
- The College won the University football championships in 1997, 1998, 2000, 2002, 2004, 2008, 2009, and 2012 (eight times) and was runners-up in 1996, 1999, 2001, 2005, 2011, 2013, 2015, 2017, and 2022 (nine times). •The College was also the University champion in volleyball in 2007, 2011, 2012, and 2019, runners-up twice in 2008 and 2009, and second runner-up in 2010.
- The college won the University cross country championship in the men's section in 1995, 1999, 2007, 2010, 2016, 2017, 2018, 2019, 2020, 2021, and 2022 and was runner-up thrice in 2006, 2008, and 2009. The women's section won the University championship in 2022 and was runner-up in 2020 and 2021.

In the past five years, several students have won medals or trophies in international, national, state, and regional events.

### **International participation**

- Anilda Thomas and Gopi T represented India in the Rio Olympics 2016. Two students represented India in the World Military games held at Korea in Volleyball 2016. In addition our students represented India in Commonwealth

Asian track and Field Game held at Indonesia, 2017, World Military Games held at Korea in 2015, Junior SAF Athletic Meet held at Ranchi 2013, Asian Grant Prix Series held at Pune 2013, Commonwealth Chess Championship held at Chennai in 2013, World Police games in Long Jump, Asian Track and Field Meet held at China in 2012, World Arm Wrestling Championship held at Spain in 2012, Commonwealth Game held at Delhi, 2010, South Asian Federation Games held at Dhaka 2009, Asian Indoor Games held at Hanoi, Vietnam, in November 2009, and International Meet held at Incheon, South Korea, 2008.

### **International achievements during 2018-2023**

- One Gold, one Silver, and one Bronze medal and two participation in 2019-20
- Three Gold medals in 2021-22
- One gold and one Silver in 2022-23

### **National-level medals during 2018-2023**

- Four Gold, three Silver and three Bronze medals in 2018-19
- 11 Gold, six Silver and 17 Bronze medals in 2019-20
- Two Gold, seven Silver and one Bronze medals in 2020-21
- 13 Gold and six Bronze medals in 2021-22
- Five Gold, five Silver and one Bronze medal in 2022-23

### **Financial Resources**

- The Management spent rupees 47.04 lakhs in the years 2018-2019, 54.34 lakhs

in the years 2019-2020, 20.91 lakhs in the years 2020-2021, 51.61 lakhs in the years 2021-2022, and 79.53 lakhs in the years 2022-2023 to enhance sports on the campus.

- Khelo India awarded rupees 11.74 lakhs in 2019-2020, 1.44 lakhs in 2020-2021, 2.80 lakhs in 2021-2022, and 26.71 lakhs in 2022-2023.
- Kerala Sports Council sanctioned rupees 52.18 lakhs in the years 2018-2019, 37.25 lakhs in the years 2019-2020, 15.30 lakhs in the years 2020-2021, 7.33 lakhs in the years 2021-2022, and 12.92 lakhs in the years 2022-2023.
- The Sports Authority of India also instituted various sports scholarships. Facilities, such as the indoor shooting range and swimming pool, were created with the support of UGC.

The saga of Mar Athanasius College is one of the never-ending journeys with new landmarks conquered in quick succession.